

news

news from the trunk

Thursday, November 1, 2018



**PROFESSIONAL DEVELOPMENT FOR KAS TEACHERS AT
ASSOCIATION OF INTERNATIONAL SCHOOLS IN AFRICA (AISA) EDUCATORS
CONFERENCE
DAKAR- SENEGAL 2018**

PLEASE NOTE: Swim-a-thon 2018 will take place on Friday, November 2, 2018. The event will start at 4:00pm and ends at 7:00pm

Superintendent's Message

Professional Development – Professional Development for teaching staff at KAS is very important. During the October break several staff members attended professional development workshops to enhance their learning and teaching. After attendance each staff member writes a report on their experience and they also share their learning with other staff members in small groups.

AISA Fall Conference – Dakar, Senegal

Attendees:

Egbal Mohamed – IT Coordinator - Presenter and Attendee – “Blended Learning”

Ann Crowley – Teacher

Chris Rampacek – Teacher

Miriam Easterling – Teacher

Michael Jorgensen – Teacher

Erini Self – Teaching Assistant

Lina Mutasim – Teaching Assistant

Samhar Balla – Teaching Assistant

Meshkhat Al Tayeb Teaching Assistant

Marietta Attalia – Teaching Assistant

Sarah Osman – Teaching Assistant

Nafisa Bushra – Teaching Assistant

Workshop Classes:

“Differentiated Learning”

“Creating a Culture of Thinking in the Classroom”

“Understanding Global Mindedness for an Interconnected World”

“Social and Emotional Well Being for a Global World”

“Maximizing Student Engagement with Blended Learning.”

21st Century and Professional Learning Communities Workshop

Addis Ababa, Ethiopia

Attendee: Charlene Joyce - Teacher

International Conference on Teaching, Education & Learning (ICTEL)

Colombo, Sri Lanka

Attendee: Ismail Adani - Teacher

Classes: Blended Education, E-Learning, Language Education

Teaching Methods, K-12 Education, Pedagogy, Special Education and teaching Methods.

Return to KAS – I will be returning to KAS on Monday, November 5 after being cleared by my doctors. I want to thank everyone for their well wishes and patience while I have been away. I am excited to be coming back

Steve Alexander
KAS Superintendent

Recharge Your Child's Batteries with a Healthy Breakfast!



Frequently, I notice kids looking tired, sleepy or even grumpy, and when asked why, most of the time the answer is, “Is it snack time, yet?”

This makes me realize that with our busy lifestyles the importance of a healthy breakfast before school might slip our minds.

While sleeping, children’s bodies are going without fuel for about 8-10 hours, if not more, resulting in a drop in their blood sugar levels in the morning. In turn, this decreases the energy to the brain, causing mood changes, tiredness and lack of concentration. So, instead of the child making up for this deprivation by eating an unhealthy fast energy releasing snack, boost your child’s energy with a healthy breakfast. It might be challenging to get your child into the habit of having breakfast before coming to school, but it is definitely worth trying.

Here are a few tips to help you start:

- Keep healthy food handy (fruits, yoghurt, whole grain cereal and eggs, for example).
- Wake your child a bit earlier than usual.
- If your child resists waking early or you run short of time for any reason, pack a quick healthy snack that can be eaten in the car or bus on the way to school.

It is very important to note that what you feed your child needs to be of nutritional value in order for the body to utilize and make maximum use of it.

Alaa Zakri
Student Support Services Teacher

A Message from the Early Childhood & Elementary Principal

Dear KAS Family,

As we begin the second quarter of school year 2018/2019, I want to say thank you for allowing us the opportunity to work with your children. As educators we cherish each chance we have to impart our prior knowledge upon those in our care. We love just to interact with youngsters on a daily basis. That's why we are in this field. The information and coaching and guidance we give the children comes back to us in so many ways. We learn new things each day from the students. Some of these we use immediately to tweak our lessons to make our instruction better. Others we add to our mental files to use somewhere down the road in a positive fashion. Either way it is a symbiotic communication and learning process.

I now refer back to my first article from Newsletter #1 of this year. In the message I talked about what I thought was the most important skill that is to be taught. Some may say that it is not a learned skill but that it is something that we are born with. The word, skill or virtue I am thinking about is compassion. Through obtaining and carrying true compassion we have the ability to empathize with and understand others in a way that we would want to be understood ourselves. This characteristic or attribute comes from the home, true, but also we can teach it at school in our daily interactions with each other and as a learned skill.

This goes along with our school-wide emphasis on the four C's. They are Character, Citizenship, Community and Curriculum. Each teacher teaches about these four pillars of a solid school. Compassion can be seen in all of these pillars not only character. When a student carries compassion they are strong in character. They are comfortable in helping and sharing with others and having others do the same for them thus strengthening their community by being an exemplary citizen. If their minds and actions are functioning with compassion then they are able to absorb and process curricular information more easily.

Please be sure to ask your children about compassion and what they know about this important human quality.

Some announcements:

Don't forget the Swim-A-Thon fundraising event at the pool this Friday from 4:00 to 7:00pm.

Next week is the first week of session two clubs or ASAP.

Next week we will have Parent/Teacher Conferences from 12:00 to 6:00 and the students will be released at 12:00 noon.

As always, thank you for your continued support and dedication to our school and its students, employees and programs.

Take care,

Joe Kaminski
Early Childhood & Elementary Principal



ANNOUNCEMENT

KAS PTA
Welcomes you, your family and friends to a
FAMILY PICNIC
Food and drinks available for sale

Ice cream Popcorn Cotton candy Fun and games Music

Friday, November 9th, 2018

KAS Gardens

2:00pm-8:00pm

Free Entrance

Pool will be closed on November 9th

Happy National Novel Writing Month

It is that time of year again. While most people are thinking of Halloween or Thanksgiving, many of us here at KAS are gearing up for National Novel Writing Month (NaNoWriMo)! NaNoWriMo is now a worldwide event, though they haven't changed the name, in which people of all ages challenge themselves to write 50,000 words in only thirty days!

Everyone is welcome to try, whether you write 50 words or surpass the challenge of 50,000! The goal is to get those creative juices flowing and practice both your writing skills and your imaginative thinking.

Middle School and High School students can join a bit of friendly competition by competing against one another to see who can write the most words. Those top 5 writers in MS/HS will win themselves a pizza lunch to which they can invite another classmate and for each 1,000 words any student writes they will be entered into a drawing for a surprise gift bag any writer would love to win. Simply sign up at ywp.nanowrimo.org and see me (Miss Utecht) for more information.

Here's to a great month of writing!

Chelsea Utecht
EAL Teacher

Saying of the Week

If we **Have A Beef** it usually means we have something to moan about or a quarrel to pick. The earliest record of the phrase is found in the 1811 Dictionary Of The Vulgar Tongue, which suggests to 'cry beef' meant to give the alarm. Prior to that, in criminal London, it was known that the traditional cry of 'stop thief' was mocked and drowned out by passing fellow criminals who loudly called 'hot beef' instead, in a bid to confuse the law-abiding passers-by and allow their colleague to make a getaway.

Minette van der Bijl
High School English Department

SWIM-A-THON



SWIMMATHON 2018

A KAS Community Event at the swimming pool. Brought to you by the Swim Staff, Athletic Director, Physical Education Department and PTA. This is a fundraiser for the KAS swim team and the swimmers who qualify for the international MEUC swim competition in Dubai, February 2019

Date & Time

04:00 pm 2.11.2018

to

07:00 pm 2.11.2018